

1 million of Earth's 8 million species face extinction\*

of the progress towards SDGs will be undermined by current negative trends in biodiversity and ecosystem services\*

25% OF CHILDREN BETWEEN 13 AND 15 IN INDIA HAVE SOME FORM OF MENTAL ILLNESS









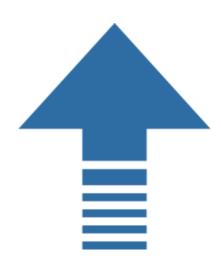
Anxiety, depression & suicides among young people rising globally

Intolerance & violent extremism growing

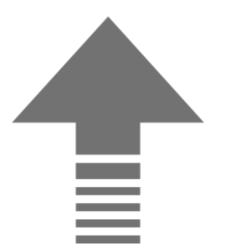
Global wicked problems such as climate change & migration increasing

Cost of Education increasing exponentially & now a private good & no longer a social good



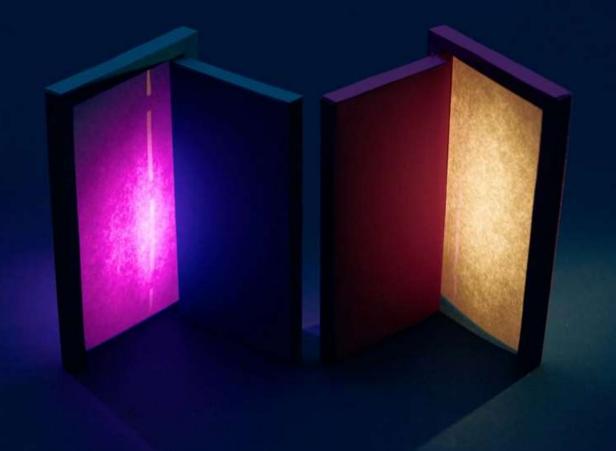












We are confronted with competing choices.

Rationality says what we must do.

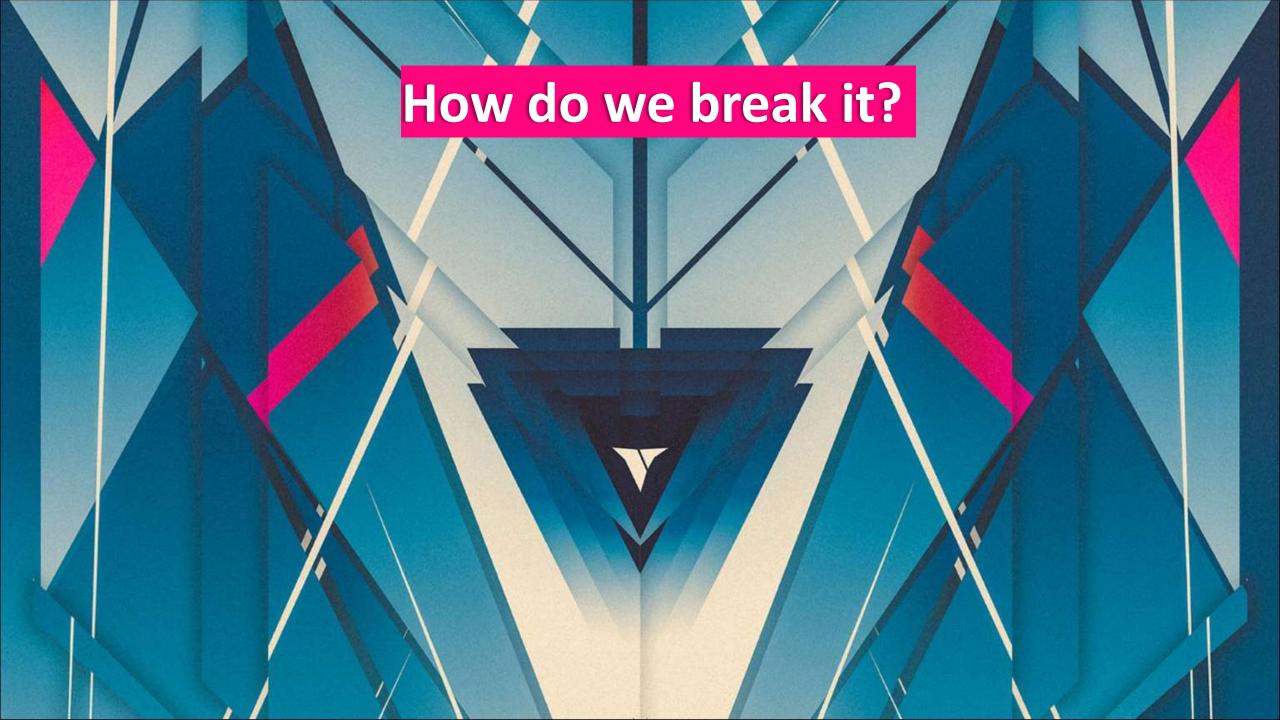
But yet, we don't do it.

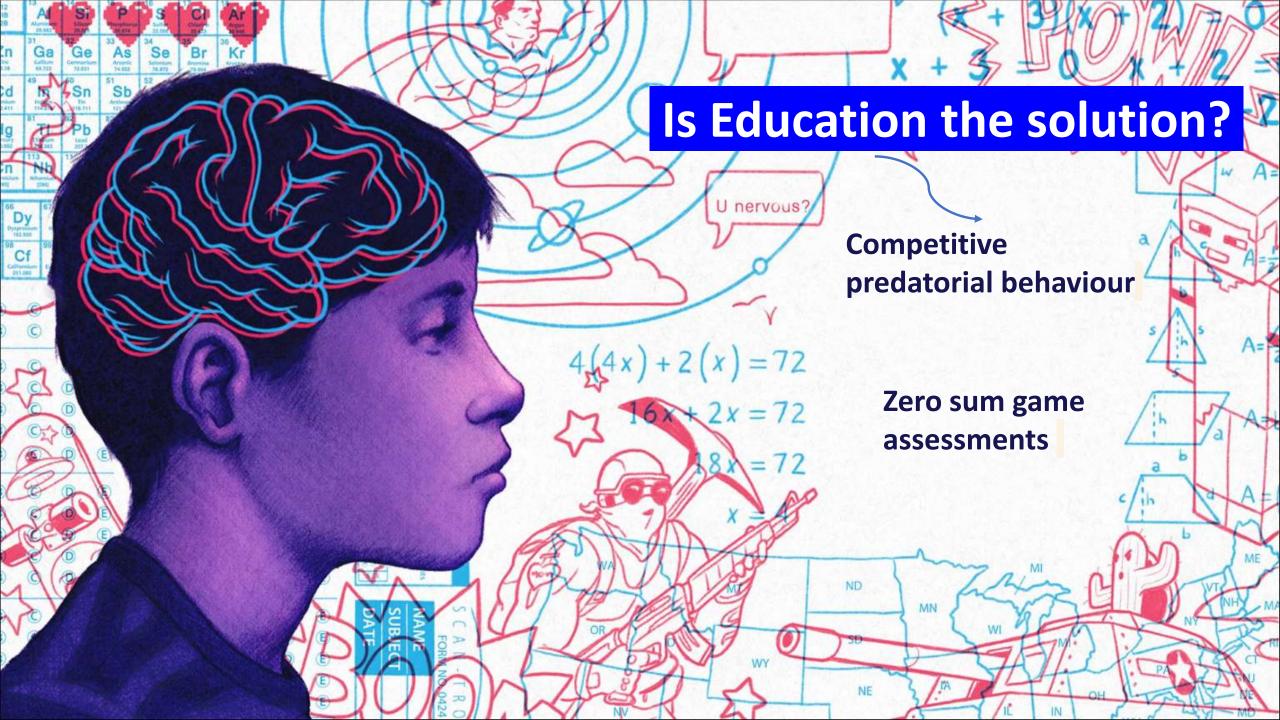


**Conditions of stress** 

Continuous fight within oneself

Perpetual downward spiral continues





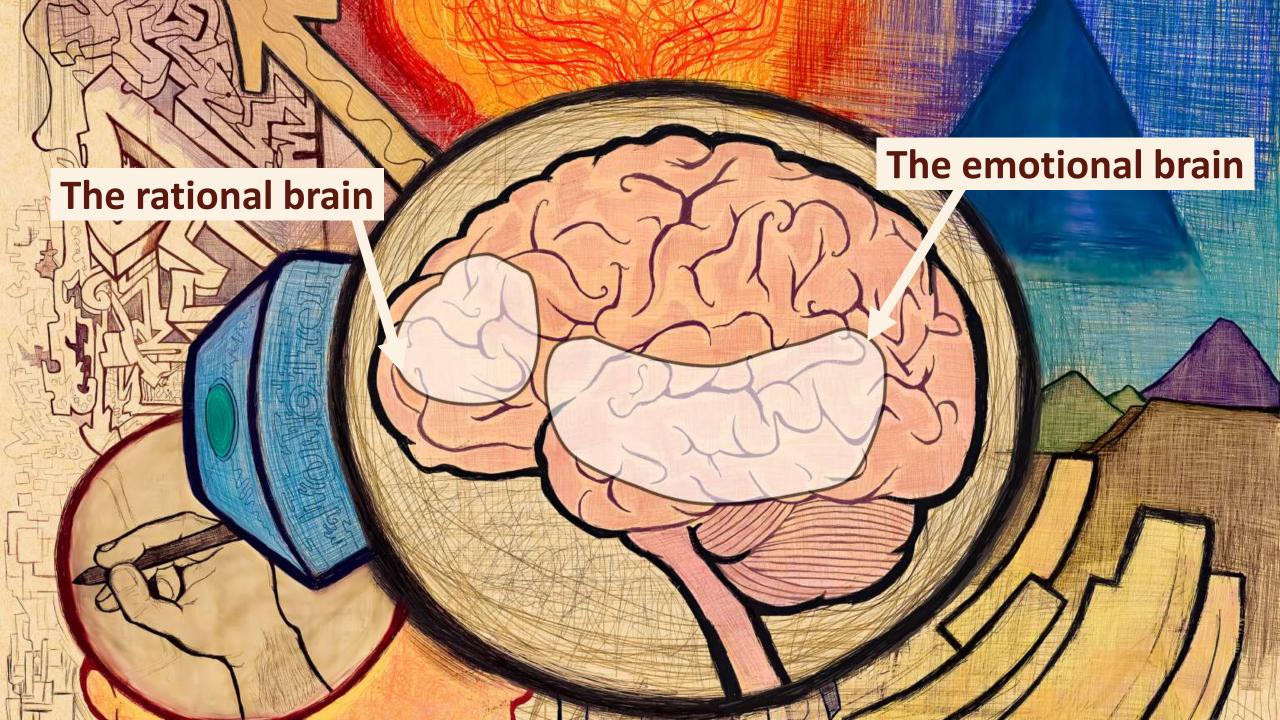




A newer form of education is required.

One that includes **Emotional Intelligence.** 







## WE NEED A NEW APPROACH: ONE BASED ON SCIENCE AND EVIDENCE

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Learning (Empaciny,

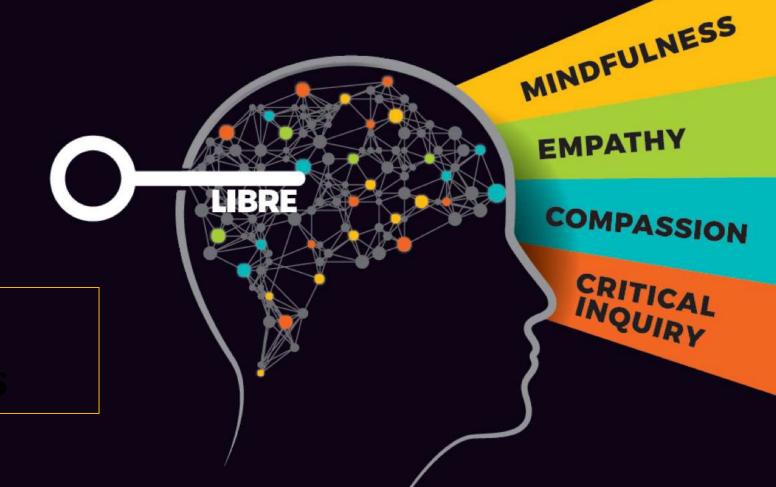
Compassion, Mindfulness)

WHOLE BRAIN APPROACH TO EDUCATION

)n +

cills





A WHOLE BRAIN APPROACH Proces



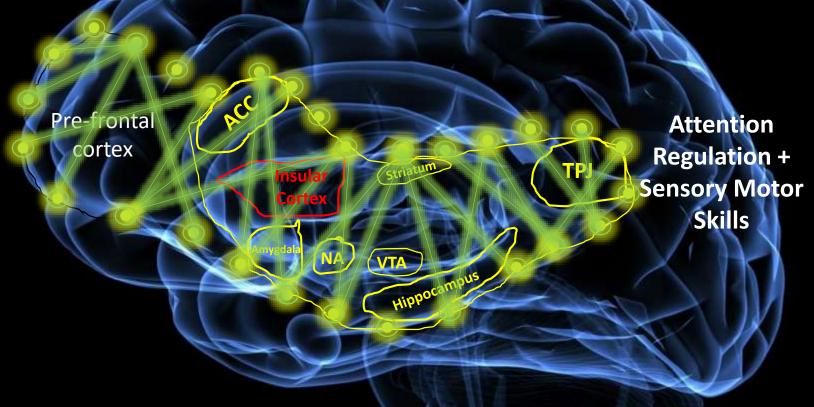


DISCUSSION / **DIALOGUE** 

> CRITICAL **INQUIRY**



We need to train the brain to tease out those empathy neurons to motivate behavioural change



Social & Emotional Learning (Empathy, Compassion, Mindfulness – EMC)

At MGIEP, we call it "Firing the Gandhi Neurons"

## **Takeaways**

Trade-offs and cognitive dissonance is the grounded reality

Emotional Intelligence is critical to navigate the dissonance

Our education systems have to be transformed to develop emotional intelligence using a whole brain approach



## Call to action

Mainstreaming SEL education

Consolidate ESD, GCED, PE, HRE, STEAM etc. into an education for human flourishing.





## **Human flourishing**

sustainable peaceful

