

Promoting a Culture of Peace is needed to navigate the rippling currents of change and build a sustainable future

Alberto Zucconi
Chair Board of Trustees World Academy of Art and Science (WAAS)
Secretary General World University Consortium (WUC)
President Person Centered Approach Institute (IACP)
azucconi@worldacademy.org

We need to foster a new *psychological literacy* for billions of people, a sort of *psychological compass*, a needed new way of being to navigate in the rippling currents of change.

We need to promote a new socially compelling, forward-looking vision of evolution that brings together the worlds of science and spirit, evolutionary theory and developmental psychology.

An updated recipe for resilience, on how to think, feel and act outside the present obsolete mechanistic box, to become aware of the fact that we live in complex web of relationships and that to be blind to the world of relationships brings us dire consequences.

We need to facilitate the capacity for safe and productive emotional bonding with other fellow human being and all the life forms.

Experiencing empathy and respect for our fellow humans and for the life forms of the planet is the process and the product of a resilient and sustainable life affirming way of living.

To promote peace, first we need to make peace with the different parts of ourselves, resolve internal conflicts, then we will be better equipped to foster peaceful relationship with other people and all the living form of life of the planet.

In order to promote a sustainable, peaceful and life affirming way of life we can apply scientifically validated people centered approaches.

The People Centered Approach (PCA) is a scientifically validated, systemic/holistic, interdisciplinary and intersectorial approach designed to promote sustainable change, to foster the protection and promotion of human capital and at the same time assure the maximum level of effectiveness in protecting and promoting human ecologies and natural ecosystems.

The People Centered Approach (PCA) is a values oriented approach based on *Equal Rights*, deep respect of all form of life, cultures and traditions. The PCA promotes empathic understanding, mutual respect and effective communication and collaboration among different stakeholders with actions of empowerment & resilience.

The applications of People Centered Approaches are producing effective results in many fields in different parts of the world and they are continuously expanding basically we promote sustainable relationships in all the sectors of life.

The Interparliamentary Coalition for Ethics and Peace, has been doing an excellent job promoting a culture of peace in the five continents under the tireless directorship of Shoshana Berkerman, I am proud to collaborate with them, at the moment I am designing a training program on the culture of peace, conflict prevention and resolution dedicated to childrens, parents and teachers. The training

for children includes parts, where children will practice their skills, teaching their parents about the culture of peace, conflict prevention and resolution.

We need not only to open our minds to the relevance of the culture of peace, we need to open our hearths as well in order to walk peace, to breathe peace, to protect and promote peace daily where we all live and work.