Course on Mind, Thinking & Creativity

Logic of Life: Concepts of Health & Disease

The Placebo Effect

## M. CHANDRA SEKARAN

Research Analyst, The Mother's Service Society, India

- 1. Can mind influence body? Can our expectations and aspirations of mind influence health of our body?
- 2. Researchers say children respond to placebo more than adults do. What can be the reason behind it?
- 3. Can the relationship between patient and doctor, and the faith that the patient places on the doctor improve the outcome of treatment?
- 4. Placebo works only under certain conditions of mind and the ways we think. If the functioning of mind is taken into account, can creative healthcare solutions be invented?
- 5. Search Engine experts and healthcare service providers advice that the patients should avoid arriving at conclusions based on online research about their health conditions and symptoms. Unnecessary thinking and unwanted data complicate health condition. The effect on health can be positive or negative depending on the input mind receives. Can this be true?