Agency and Resilience, Variables of an Effective People Centered Education Promoting Sustainable Governance

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Many variables need to be considered and organized in synergic and intersectorial ways to create the conditions for effective and sustainable governance.

Some of the variables are complexity, interconnectedness and anticipation. Nowadays humanity is caught in the Antropocene rippling waves of change, and it is most urgent to effectively protect and promote human and natural capital at every level of society .

People need to develop their innate potentialities for relating effectively with themselves, others and the world by relearning the ways to establish emotional bonding with all the life forms. Relating with empathy and respect for ourselves others and all the life forms is one of the most effective ways to develop agency and resilience, to promote sustainable change at every level.

We need to retool education because we urgently need a more effective education, one that will empower ourselves to diagnose and manage the worsening man made challenges facing us. We need to empower people and communities, promote awareness and transparency, make explicit what it is often implicit. To foster a more transparent, resilient and congruent society, where values and lines of power differentials are visible as well as the prejudices, denials and the obsolete ways of knowing and doing.

The understanding of these processes, a sort of a compass for the resilient citizen, should be available to very stakeholder, enhancing their agency and resilience. To do so we need to offer Person Centered Education and promote People Centered projects.

The Person Centered Approach is an holistic/systemic approach with ample scientific validation. When applied to the field of education is named called Student or Person Centered Education. The People Centered Approach (PCA) is a scientifically validated, interdisciplinary and intersectorial approach employed with large communities and designed to protect and promote human ecologies and natural ecosystems. PCA is a values oriented approach based on Equal Rights, deep respect of all form of life, cultures and traditions.

We need to promote a new paradigm for the identity, structure, organization and goals of the new *Polis,*  where to create the conditions and facilitate process that will protect and promote agency, resilience, health and well being for all and, and in so doing, real prosperity.